

EMOTI COBES

corpo + emoción + cor



Produces



With a support



XUNTA DE GALICIA

And collaborations



BODY



EMOTICORES – Premiere - Pazo da Cultura - Narón – Spain – January 15th 2017.

EMOTICORES, a performance proposal by Cristina Montero & Rut Balbís, Las Tricotouses, a performance thought for kids and family audience (6 years onwards), especially created for the second half of primary school (8 to 12 years old).

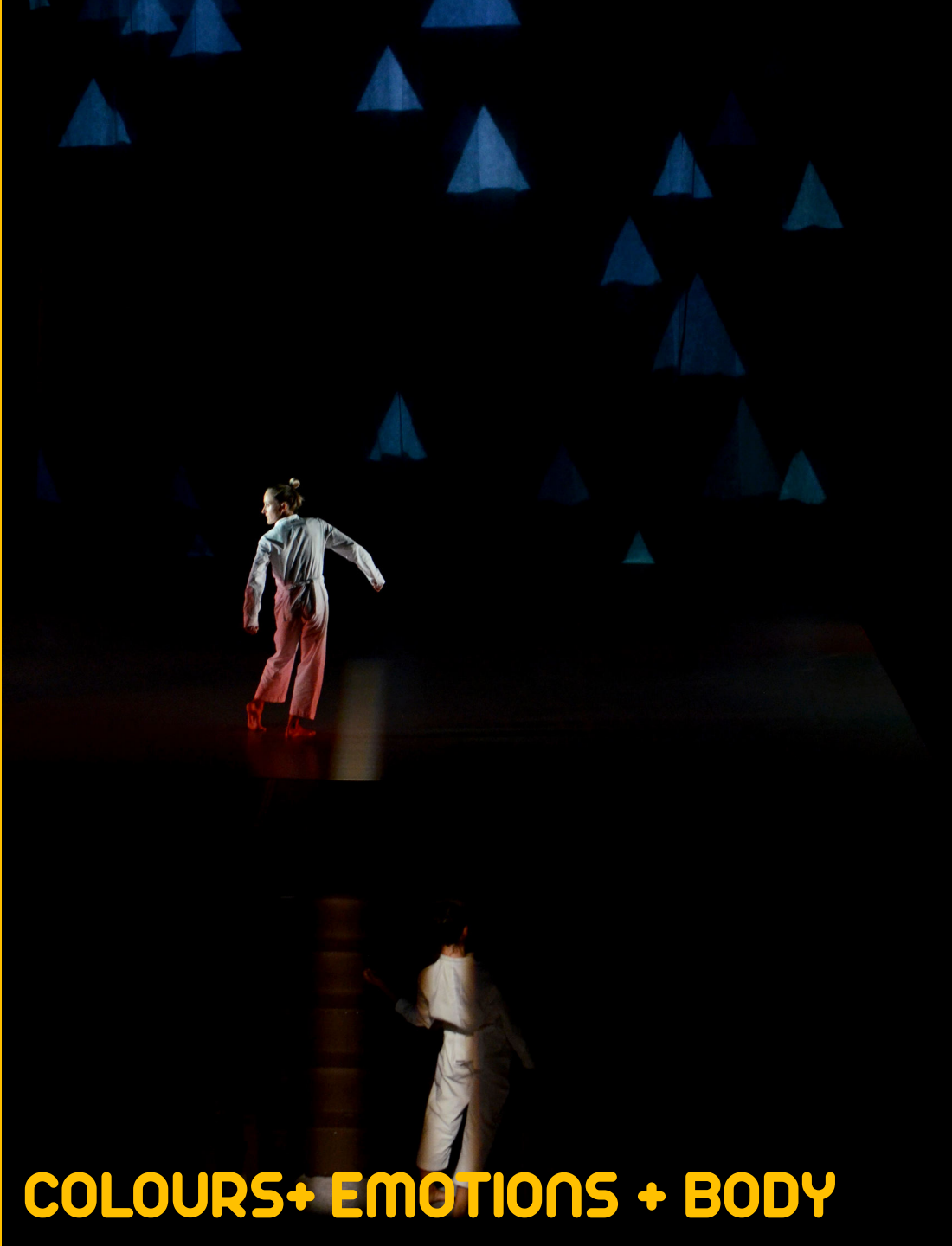
EMOTICORES is a dance performance where we work with emotions through shapes, colours, sound and movement, in order to help the kids and their family to be able to relate emotions with what provokes them.

COLOUR and PSYCHOLOGY: Alike adults, young people need their very own space where to identify and express themselves, to find their affections and their emotions. We believe that in order to enable spaces for contact and expression and in this way, grow towards a more human, creative and inclusive educational model, schools provide the space to do so.

In this way, working with colours is presented like an excellent tool to illustrate and recognize those emotional spaces which need to be identified and expressed. Colours, shapes, movement...they are all part of a language that can't be seen, where emotions reside; the place where words are just simply not enough to be expressed.

EMOTICORES:

COLOURS+ EMOTIONS + BODY



EmOTION





EMOTICORES: PERFORMANCE + PEDAGOGICAL ACTIONS

The show of the EMOTICORES performance has several pedagogical proposals:

- A pedagogical program for education centers with morning programs for pre-school groups.
- A kids & family workshop for the weekends.
- A theatrical stage at the end of the show performance.

Didactic Unit: Has as a final objective to introduce emotions within the classroom. Through group dynamics, working with the body and creativity, using Psychology and Meditation, we will help students identify and manage their own emotions, giving also the right tools and orientation to teachers on how to work with emotions in the classroom. **Family Workshop:** For the whole family, parents, grandparents, little ones... from a playful perspective, thought to introduce body as a box of resounding emotions.





COLOUR

Creation

CRISTINA MONTERO and RUT BALBÍS

Performers

CRISTINA MONTERO and ALBA FDEZ. COTELO/RUT BALBÍS

Lighting Design and Audiovisual Design

AFONSO CASTRO

Sound and graphic design

JAS PROCESSOR

Cocah in Psychology

PAULA PINTOS

Didactic Unit

CRISTINA MONTERO, RUT BALBÍS and PAULA PINTOS

Costume Design

TERESA GUTIÉRREZ

Production

MANU LAGO

Video

MIRAMEMIRA

Produces

LAS TRICOTOUSES

With a support

AGADIC – Xunta de Galicia

With collaborators

Concello de Ferrol and Concello de Narón



EMOTICORES: YOUTH+ DANCE

Las Tricotouses, it is a dance company directed by Cristina Montero and Rut Balbís, and has produced 3 shows since 2012: 'Só una escusa', 2012; 'Momento blooming,' 2014 and Emoticores, 2016.

Cristina Montero, Ferrol. Producer and Choreographer, Cristina creates her own dance company in 2009 with the performance of "1st party", presented in various spaces in Galicia, Madrid and Portugal.

As an interpreter and choreographer Cristina works together with various Theater companies such as 'Teatro do Morcego', 'Cía.40 Pasos', 'Cía San&San', 'Cía. Bucanero', 'Cía. Trespasando'.

Teacher at the School of Arts and Performances in Narón (A Coruna, Spain) since 2003 and teacher and supervisor at the Contemporary Dance Company in Narón (A Coruna, Spain) since 2009, Cristina leads and teaches movement and expresion Workshops for adults and children, also throughout different schools and spaces.

Rut Balbís, Ourense. Producer and Choreographer, actress and dance teacher, Rut studies a Bachelor Degree in Physical Education and Sport and also a One Year Certificate in Contemporary Dance by The Place (London).

Next to her work at Las Tricotouses and 'Pisando Ovos', Rut also works as a dance teacher in A Coruña University since 2015, and collaborates simultaneously with other companies such as 'Matarile Teatro', 'Licenciada Sotelo', 'Lipi Hernández', 'Traspediante', 'Iker Gómez', 'Chévere', 'Cristina Montero', 'Paula Pintos', 'AIREnoAR...'

Rut takes part at "The Hunter Lodge", a group created from the European Project Choreoam 2012.

LAS TRICOTOUSES





WWW.LASTRICOTOUSES.COM

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